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| **Happy and Healthy – Autumn Term 1 2020** |
| **KS1** | **Lower KS2** | **Upper KS2** |
| **Science*** Exercise, eating and hygiene
* Identify and name parts of the body
* Senses
* Basic needs of humans
* Humans have offspring that grow into adults
 | **Science*** Human nutrition
* Skeletons and muscles
* The digestive system
* Teeth
 | **Science*** Changes in humans to old age
* Reproduction in animals
* Evolution – understanding that living things have offspring of the same kind but not identical to parents
* Diet, exercise, drugs and lifestyles
* The circulatory system
* The way nutrients are transported within animals, including humans.
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| **PSHE*** How choices can affect health and wellbeing
* Personal hygiene
 | **PSHE*** Learn about basic Health and Safety
* Basic First Aid
 | **PSHE*** Healthy lifestyles
* What affects mental health
* Drug and substance misuse
* Risky behaviours
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| **Design Technology**Food Technology* Understanding where food comes from
* Preparing fruits and vegetables
 | **Design Technology**Food Technology* Learn about varied/healthy diets
* Seasonality of food
* Preparing and cooking savoury dishes
 | **Design Technology**Food Technology* Seasonality of food and knowing where ingredients come from.
* Making cultural seasonal food
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| **PE**Dance(Senses – Primrose Education) | **PE**Outdoor and Adventurous | **PE** Outdoor and Adventurous |
| **Computing*** Y1 – Unit 1 DB Primary
* Y2 – Unit 7 DB Primary
 | **Computing*** Y3 – Unit 13 DB Primary
* Y4 – Unit 19 DB Primary
 | **Computing*** Y5 – Unit 25 DB Primary
* Y6 – Unit 31 DB Primary
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|  | **MFL** | **MFL** |