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| **Happy and Healthy – Autumn Term 1 2020** | | |
| **KS1** | **Lower KS2** | **Upper KS2** |
| **Science**   * Exercise, eating and hygiene * Identify and name parts of the body * Senses * Basic needs of humans * Humans have offspring that grow into adults | **Science**   * Human nutrition * Skeletons and muscles * The digestive system * Teeth | **Science**   * Changes in humans to old age * Reproduction in animals * Evolution – understanding that living things have offspring of the same kind but not identical to parents * Diet, exercise, drugs and lifestyles * The circulatory system * The way nutrients are transported within animals, including humans. |
| **PSHE**   * How choices can affect health and wellbeing * Personal hygiene | **PSHE**   * Learn about basic Health and Safety * Basic First Aid | **PSHE**   * Healthy lifestyles * What affects mental health * Drug and substance misuse * Risky behaviours |
| **Design Technology**  Food Technology   * Understanding where food comes from * Preparing fruits and vegetables | **Design Technology**  Food Technology   * Learn about varied/healthy diets * Seasonality of food * Preparing and cooking savoury dishes | **Design Technology**  Food Technology   * Seasonality of food and knowing where ingredients come from. * Making cultural seasonal food |
| **PE**  Dance  (Senses – Primrose Education) | **PE**  Outdoor and Adventurous | **PE**  Outdoor and Adventurous |
| **Computing**   * Y1 – Unit 1 DB Primary * Y2 – Unit 7 DB Primary | **Computing**   * Y3 – Unit 13 DB Primary * Y4 – Unit 19 DB Primary | **Computing**   * Y5 – Unit 25 DB Primary * Y6 – Unit 31 DB Primary |
|  | **MFL** | **MFL** |