## Food For Children <br> CHOSEN BY CHILDREN

It is very important to us that children enjoy the food we serve. Eating a balanced meal results in improved concentration and provides energy to get through a busy day. That's why we have listened to what you want see on our menus.


Our commitment to provide the best service everyday
$\checkmark$ Our meals meet, and even exceed, current nutritional guidelines.
$\checkmark$ Our meals contain food marked with a wide range of quality UK standards
( Our staff are qualified professionals. Qualifications include basic hygiene, health and safety, catering and management skills.
Our staff are parents too, so we understand fussy eaters, allergies and will always ensure your child has a meal they will enjoy.
$\checkmark$ We will provide a 2 course meal and a drink every day for a set price.
$\checkmark$ We welcome your feedback to help us improve the service we provide.

## Free Meals IN HALTON

ALL pupils in reception, years $1 \& 2$ are eligible to a free school meal, but your older children could be entitled too. If you are in receipt of certain benefits or have a household income below the Government threshold you could be entitled.

For Free School Meal Information Contact Student Services Team Tel: 01515117188
Halton Direct Link in Runcorn/Widnes Visit: www.halton.gov.uk/schoolmeals

Don't forget you can apply at school as well!

## Please Note:

Occasionally for reasons beyond our control we may have to alter the menu


|  |  | Week 1 | Week 2 | Week 3 |
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| $\begin{aligned} & \text { oे } \\ & \text { O } \\ & \text { O } \\ & \text { O} \end{aligned}$ | Main | Pork \& Carrot Meatballs (Gluten free) <br> Served on a bed of spaghetti with homemade tomato sauce \& garlic bread Quorn Minced Bolognaise <br> Served on a bed of spaghetti with homemade tomato sauce \& garlic bread | Oven Baked Butcher's Sausages served with Creamed Potatoes \& Gravy Quorn Sausage <br> Served with Creamed Potatoes \& Gravy | Brunch <br> (Bacon, Hash Brown, Omelette/Scrambled Egg) with a fruit juice Vegetarian Brunch <br> (Quorn Sausage, Hash Brown, Omelette/Scrambled Egg) with a fruit juice |
|  | Vegetable | Garden Peas, Salad Bar | Vegetable Medley, Salad Bar | Baked beans, Salad Bar |
|  | Dessert | Lemon Drizzle Sponge, Cheese \& Crackers, Fresh Fruit | Raspberry Bun, Angel whip, Fresh Fruit | Orange Drizzle Sponge, Mousse, Fresh Fruit |
| $\begin{aligned} & \text { oे } \\ & \stackrel{\circ}{0} \\ & \stackrel{O}{0} \end{aligned}$ | Main | Homemade Chicken Curry served with 50/50 boiled rice \& naan bread Homemade Cheese \& Rice Flan served with Herby Seasoned Potatoes | Homemade Minced Beef \& Onion Pie served with New Potatoes Homemade Cheese \& Rice Flan served with New Potatoes | Chicken Fillet in a Bun <br> served with herby potatoes \& coleslaw Homemade Cheese \& Tomato Pasta Bake served with Garlic Bread |
|  | Vegetable | Green Beans, Salad Bar | Peas, Sweetcorn, Salad Bar | Peas, Sweetcorn, Salad Bar |
|  | Dessert | Fruit Mix, Yoghurt, Ginger Biscuit \& Fruit Wedge | Ice Cream Sponge Roll, Cheese \& Crackers, Fruit Mix | Jelly \& Ice Cream, Cheese \& Crackers, Fruit Mix |
| 3 <br> 0 <br> 0 <br> 0 <br> 8 <br> 0 <br> 3 | Main | Roast Gammon \& Pineapple Dinner served with Roast/Mash Potatoes, \& Gravy Vegetarian Meatballs Dinner served with pineapple, Roast/Mash Potatoes, \& Gravy | Roast Chicken Fillet Dinner served with Stuffing Balls, Roast/Mash Potatoes \& Gravy Vegetarian Meatballs Dinner served with Stuffing Balls, Roast/Mash Potatoes \& Gravy | Roast Loin of Pork Dinner served with Apple Sauce, Roast/Mash Potatoes \& Gravy Vegetarian Meatballs Dinner served with Apple Sauce, Roast/Mash Potatoes \& Gravy |
|  | Vegetable | Baton Carrots \& Cauliflower Cheese, Salad Bar | Baton Carrots, \& Cabbage, Salad Bar | Broccoli, Carrot \& Swede, Salad Bar |
|  | Dessert | Jelly \& Ice Cream, Cheese \& Crackers Fresh Fruit | Flapjack \& Fruit Wedge, Yoghurt, Fresh Fruit | Rice Pudding \& Raisins, Yoghurt, Fresh Fruit |
| $\begin{aligned} & \text { o } \\ & \text { o } \\ & 0 \\ & 0 \\ & 5 \end{aligned}$ | Main | Homemade Cheesy Pasta Bake <br> served with garlic bread Summertime Picnic <br> Sandwich/ wrap filled with either Ham, Turkey, Tuna, Cheese or Egg Cocktail Sausage, Carrot/Cucumber batons with a bottle of spring water | Quorn Lasagne served with Garlic Bread Summertime Picnic <br> Sandwich/ wrap filled with either Ham, Turkey, Tuna, Cheese or Egg Finger of Pizza, Carrot/Cucumber batons with a bottle of spring water | Homemade Chicken Curry <br> served with $50 / 50$ boiled rice \& naan bread Summertime Picnic Sandwich/ wrap filled with either Ham, Turkey, Tuna, Cheese or Egg Finger of Cheese Flan, Carrot/Cucumber batons with a bottle of spring water |
|  | Vegetable | Corn on the Cob, Salad Bar | Vegetable Medley, Salad Bar | Green Beans, Salad Bar |
|  | Dessert | Scone, Fruit Mousse, Fruit Mix | Carrot Cake Muffin, Mousse, Fruit Mix | Melting Moment Biscuit, Cheese and Crackers, Fruit Mix |
| $\begin{aligned} & \text { 윤 } \\ & \frac{0}{0} \end{aligned}$ | Main | Harry Ramsden's Junior Fish in Batter served with chips Homemade Margherita Pizza served with chips | Harry Ramsden's Salmon \& Sweet Potato Fishcake served with chips Homemade Margherita Pizza served with chips | Fillet Fish Fingers served with Chips Homemade Margherita Pizza served with chips |
|  | Vegetable | Mushy Peas, Salad Bar | Garden Peas, Salad Bar | Baked beans, Salad Bar |
|  | Dessert | Kracholate \& Fruit Wedge, Yoghurt, Fresh Fruit | Chocolate Crunch \& Fruit Wedge, Yoghurt, Fresh Fruit | Chocolate Fairy Cake with Fairy Dust, Angel whip, Fresh Fruit |
| Meat free: |  | Served Daily: Filled Jacket Potatoes with a daily choice of | ngs Salad Bar - includes 5 fresh Salad items | Breads Drinks: Chilled Milk, Milkshake and Water |


| APRIL |  |  |  |  |  |  | MAY |  |  |  |  |  |  | JUNE |  |  |  |  |  |  | JULY |  |  |  |  |  |  | AUGUST |  |  |  |  |  |  | SEPTEMber |  |  |  |  |  |  | OCTOBER |  |  |  |  |  |  |
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| 9 | 10 | 11 | 12 | 13 | 14 | 15 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 8 | 9 | 10 | 11 | 12 | 13 |  |
|  | 15 |  |  |  |  | 22 |  | 15 | 16 | 17 | 18 | 19 | 20 |  | 12 | 13 | 14 | 15 | 16 | 17 |  | 10 | U1 | 12 | 13 | 14 | 15 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 15 | 16 | 17 | 18 | 19 | 20 |  |
|  | 24 | 25 | 26 | 27 | 28 | 29 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | ${ }^{16}$ | 17 | 18 | 26 | 27 | 21 | 22 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 29 | 23 |  | 25 | 26 | 27 |  |
| 30 |  |  |  |  |  |  |  | 29 | 30 | 31 |  |  |  |  | 26 | 27 |  | 29 | 30 |  | 30 | 31 |  |  |  |  |  | 27 | 28 | 29 | 30 | 31 |  |  | 24 | 25 |  |  | 28 | 29 | 30 | 29 | 3 | 30 | 31 |  |  |  |

